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Team Spirit and the Secret behind Successful Communication

We offer your company an inspiring, funny and very useful workshop with the renowned soprano Lisa Tjalve, who has been described as "The new opera hope of Denmark" in 2007, and international coach and Reiki Master Karin Kristensen. Being from Denmark we share the unique and different approach that has brought forth from our small country brands like Bang&Olufsen, Ecco and Skype.

In these times of increasing competition it is vital for any company to function as one team and for each member to recognize and assume responsibility. Our message to your employees is this: Master genuine communication and your projects will show one success after the other. Fail at communication and your projects will never rise above the ground.

A famous saying goes "Don't do as I do, do as I say." Regardless of the words that are used it is the emotional state that carries the strongest message. We propose to you a 1-day workshop where the participants will learn to recognize what state of mind they are communicating from, and where they will learn to change their state of mind.

Through song, breathing and voice exercises each participant will come to realize that rather than be controlled by their emotions, they each have the power to define and change their moods.

- Learn to recognize your emotional state
- Get grounded and stay centred
- Change your mood to a more positive one
- Recognize how your emotional state carries the message of communication
- Learn how this affects others
- Learn how to listen to what others are actually saying
- Apply the Law of Attraction
- Learn to master your emotions to achieve successful communication
- Be present in the Now

We will be happy to supply agenda and rates.

Kind regards

Karin Kristensen
On behalf of Tjalve & Kristensen